

The Workshop

Change, Choice & Challenge: Creating Your Next Life Chapter

This is a highly personalized one or two day workshop for people interested in enhancing and maximizing their lives through creativity and self-development

What you can expect:

- Personal empowerment tools that help you stay grounded and centered during these uncertain times
- Understanding your own creativity and its vital importance in your life
- Being with a small group of like-minded people learning from one another
- Exploring your values, motivations, strengths and passions
- A day devoted to fun & inspiration, assessing where you are now, and developing a personalized plan for where you want to be

What you will receive:

- Personal and signed copy of the book, "Conscious Creative Retirement", filled with additional insights and creative activities
- Exclusive access to an online community committed to their personal development as well as that of others
- Direct access to additional online learning courses and products at reduced prices

Best of All, you get.....

- **The 8 key concepts that are essential to maximizing your future.** You will engage in lively discussions of how they show up in your life, and **why** they are essential to master as you age
- **How to apply these concepts right now to your specific needs and life changes**
- **Real practice** with how to engage your creative energies every day. (And they don't require any special artistic talent).
- **The opportunity for you to take a break from all the busyness of life, and focus on you. You'll be glad you did**

"The most important investment you will ever make in life is the one you make in yourself"

YOUR WORKSHOP FACILITATORS



Suzanne
Shaffer

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Patty Van Dyke

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